WFLA Education and Charitable Foundation Cookbook

The wfla Education and Charitable Foundation will be offering a cookbook for purchase in 2011. It would be an excellent gift or a great addition to your own collection. The cookbook is a fundraiser for the Foundation to help provide scholarships for our college-bound members.

We would love recipes from everyone and hope every family will contribute to the cookbook. Think of dishes and desserts that have been a big hit, not only for your family, but also at lodge gatherings over the years. Recipes that have appeared in the magazine can be submitted for this cookbook. If you would like to submit more than one recipe, feel free to copy the form. Recipes will be included in the cookbook on a first-come first-serve basis. This sheet can be completed on our website: www.wflains.org/kitchen.asp and printed and sent to us.

Please read the instructions before completing the Recipe Collection Sheet. Mail to: Fraternal Department, Western Fraternal Life Association, 1900 First Ave NE, Cedar Rapids, IA 52402.

All recipes must be received by September 30, 2010.

RECIPE COLLECTION SHEET

FOLLOW INSTRUCTIONS TO THE RIGHT

Recipe No.

Category (see below on right)

Recipe Title

Submitted By Lodge No. State

INGREDIENTS: Use abbreviations: pt. qt. pkg. env. c. tsp. T. oz. lb. gal. doz. sm. med. lg.

DIRECTIONS:

collection sheet Instructions

- Type or print clearly in ink. Do not use pencil or write in cursive. Place only one recipe per sheet.
- If more room is needed, use another sheet of equal size and staple together. Write only on one side.
- List all ingredients in order of use in ingredients list and directions.
- Include container sizes (e.g., 16-oz. pkg., 24-oz. can).
- Keep directions in paragraph form, not in steps.
- Use names of ingredients in the directions, e.g., "Combine sugar and eggs." DO NOT use statements like "Combine first three ingredients."
- Include temperatures and cooking, chilling, baking, marinating, and/or freezing times.
- Anything not part of the recipe (ingredients, directions, contributor name, lodge number, state, servings, or recipe title) will not be included.
- Be consistent with the spelling of your name for each recipe you contribute.
- Your recipes should fit into the following categories:

custom categories:

Appetizers & Beverages
Soups &Salads
Vegetables & Side Dishes
Main Dishes
Breads & Rolls
Desserts
Cookies & Candy